

# Our Lady Queen of Peace

400 Maywood Avenue, Maywood, New Jersey 07607

**First Sunday of Lent**  
**March 10, 2019**



## - Our Mission -

*We, the Catholic Community of Our Lady Queen of Peace, under the guidance of the Holy Spirit, are called to live and proclaim the Gospel of Jesus Christ. We Praise God while sharing His Joy and Truth through Word, Worship, Community Service, and Stewardship.*

*We share our gifts of Time, Talent, and Treasure in a tapestry of diverse cultures as we gather together to celebrate our Roman Catholic Faith.*

*Serving our Lord God through the Liturgy and Eucharist, our ministries welcome all into our parish Family.*

**1950 - 2019 / God's Work, Our Hands**

*"Give Success to the work of our hands, O Lord"*  
(Ps. 90: 17)

 **Facebook / Our Lady Queen of Peace Church**

## Served by

Rev. Lawrence J. Fama, Pastor  
Rev. Rafal T. Smola, Parochial Vicar  
Rev. Jonathan Yabilyok, In Residence  
Rev. Msgr. Peter J. Zaccardo, Pastor Emeritus  
Rev. Michael German, Weekend Assistant  
Rev. Don Hummel, Weekend Assistant  
Deacon Joseph L. Mantineo  
Deacon Anthony A. Balestrieri, Deacon Emeritus  
Angela Connelly, Director of Religious Education  
Patricio Molina, Director of Music  
James McCarthy, Principal, St. Peter Academy  
Patrick Kelly and Dorothy Feula, Lay Trustees

## Our Mass Schedule



Saturday - 5:00 PM (Vigil Mass)  
Sunday - 8:00, 10:00 AM and 12:00 Noon  
Children's Liturgy of the Word at 10:00 AM Mass

Daily - Monday-Saturday 8:30 AM  
Holy days - See Bulletin for Mass Schedule

## Reconciliation

Saturday - 1:00 PM or by appointment

**Catholic Charities Help Line**  
1-800-227-7413

## Parish Center Office Hours

Monday through Thursday:  
9AM - 12N / 1PM - 3PM / 6PM - 8PM  
Friday & Saturday: 9AM - 1PM  
Sunday - Closed

 **YouTube / OLQPCH Maywood**

**Website: [www.olqp-maywood.org](http://www.olqp-maywood.org)**

**Email: [admin@olqp.org](mailto:admin@olqp.org)**

**Parish Center**  
201-845-9566  
Fax: 201-845-3742

**Religious Education**  
201-845-9545

**St. Peter Academy**  
201-261-3468  
<http://www.spare.org/>

**This Week at OLQP** [olqpbulletin@gmail.com](mailto:olqpbulletin@gmail.com)

**BUILDING KEY:** (A) Auditorium / (CH) Church / (PC) Parish Center / (S) School

S	3/10	8:30a 10:00a 1:30p 7:00p	CCD Classes (S) & (PC) Littlest Angels (S) / LWC (CH) Youth Mass (CH) Youth Group Stations Practice (CH)
M	3/11	7:00p 7:30p	Lock-In Planning Mtg. (PC) Bible Study (PC)
T	3/12	4:15p 7:00p	Children's Choir Practice (CH) OLQP Choir Practice (CH) RCIA (PC)
W	3/13	7:00p	Alive in the Spirit (PC) Mother of Perpetual Help Novena (PC) Keep Watch & Pray (CH)
T	3/14	7:00p	Grupo de Oración Luz y Vida (PC) NO BINGO
F	3/15	6:30p 7:30p	Easter Egg Stuffing (PC) Stations of the Cross (CH) - Pastoral Council / Rosary Society
S	3/16	1:00p	Men's Day of Reflection   SHU Confessions (CH)
S	3/17	8:30a 10:00a 11:00a 7:00p	CCD Classes (S) & (PC) Littlest Angels (S) / LWC (CH) Daughters of Mary (PC) Youth Group Stations Practice (CH)

**UPCOMING PARISH EVENTS**

3/23	Fish & Chips (Pg. 3)
3/23-24	Expectant Couple Blessing
3/29	Youth Group "Lock In" (Pg. 5)
4/8	Lenten Penance Service
5/4	Youth Group Bake Sale
5/4	First Communion
5/5	May Crowning
5/5	Adult Confirmation (RCIA)
5/17-19	Men's Parish Retreat at Loyola
5/31-6/2	Women's Parish Retreat at Loyola

**FOR MORE INFO ON UPCOMING EVENTS,  
MEETING RESCHEDULING / CANCELLATIONS, DELAYED  
OPENINGS / CLOSINGS DUE TO WEATHER & OTHER  
ISSUES / UPDATES, VISIT: [HTTP://OLQP-MAYWOOD.ORG/](http://OLQP-MAYWOOD.ORG/)**

**BY ORDER OF THE FIRE DEPARTMENT  
PLEASE DO NOT PARK IN FIRE ZONES  
(ALONG THE SIDES OF OUR DRIVEWAYS)!**

**First Sunday of Lent  
March 10, 2019**

Filled with the Holy Spirit, Jesus was led into the desert for forty days (Luke 4:1-13).

**READINGS FOR THE WEEK**

Monday: Lv 19:1-2, 11-18; Ps 19:8-10, 15;  
Mt 25:31-46  
Tuesday: Is 55:10-11; Ps 34:4-7, 16-19;  
Mt 6:7-15  
Wednesday: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19;  
Lk 11:29-32  
Thursday: Est C:12, 14-16, 23-25; Ps 138:1-3,  
7c-8; Mt 7:7-12  
Friday: 1 Pt 5:1-4; Ps 23:1-3a, 4-6;  
Mt 16:13-19  
Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8;  
Mt 5:43-48  
Sunday: Gn 15:5-12, 17-18; Ps 27:1, 7-9,  
13-14; Phil 3:17 — 4:1 [3:20 — 4:1];  
Lk 9:28b-36

View online: [usccb.org/bible](http://usccb.org/bible)

**ONLINE GIVING**

For info on Online Giving check out the link on our website "Electronic Giving now Available!"

**STEWARDSHIP - Off and Running:** (Continued from last week) Many of these pancake races are held near a church. It's said that the origin of the race was in the Middle Ages, when a woman heard the church bell ring she dashed off to church, forgetting that she was making pancakes. She reached the church with the frying pan still in her hands. She heard the bell and her thoughts (and steps) immediately were directed toward the church. Maybe that's one reason why pancake races are still held today. Of course, they're fun to watch and to participate in.

*(To be continued next week)*

STEWARDSHIP OF TREASURE		STEWARDSHIP RESULTS	
<b>Week of 3/3/19</b>		<b>Year-to-Date as of 3/4/19</b>	
Offertory	\$ 5,705	Budget	\$264,138
Children	\$ 93	Actual	\$260,829
Electronic & Mail-ins	\$ 355	Under Target	(\$ 3,309)
<b>Week of 3/3/19</b>		Ushers do not carry change, nor can they touch the money that is collected at Mass; so please do not ask them for change. Thank you for understanding and for your continued generosity.	
Budget	\$ 7,255		
Actual	\$ 6,153		
Under Target	(\$ 1,102)		

### THE APOSTLES' CREED

You may have noticed at Mass today that we used the Apostles' Creed instead of the Nicene Creed. The origins of the Apostles' Creed are believed to predate the Nicene Creed. It is universally recognized by many Christians as a shared statement of our faith in God the Father, Son, and Holy Spirit.

The Apostles' Creed may be used at any Sunday Mass, but the Church particularly recommends its use during Lent and Easter Time. Why? Because the words of this ancient Creed have been used for centuries as the basis of our baptismal promises, and the season of Lent and Easter put a strong focus on Baptism. During Lent we prepare those who will be baptized at Easter while readying ourselves to renew our own baptismal promises. As we recite the Apostles' Creed, it will stir up in our hearts our commitment to Christ which was first made at our own baptisms and prepare us to renew our promises this Easter.

### FISH & CHIPS DINNER COME ONE, COME ALL

Our Annual Fish and Chips Dinner will be held on Saturday, March 23rd, from 6 pm to 8 pm in our auditorium. This year the tickets will be \$15.00 for adults and \$10 for children under 12. Tickets can be purchased at the parish center and after all Masses this weekend. As always soda, coffee and dessert will be provided. Please be sure to get your tickets by March 15th so that we can give a good count to Tastefully British at that time.

**THANK YOU** - How generously you responded when I put out a call for volunteer donations to help defray the cost of refinishing our Paschal Candle Stand! Three families came forward: The Pollio family, the Rovell family, and the Hrablook family. Because of you our candle stand will be restored to its original beauty in time for Easter. Thank you!

### 2019 Sharing God's Blessings Annual Appeal

The 2019 Sharing God's Blessings Annual Appeal is well underway. We have \$12,879 already pledged. This is approximately 31% of our goal of \$41,361. The outpouring of support from many parishioners like you helps sustain the important ministries across the Archdiocese of Newark. These programs help to make our own parish a more vibrant place of worship. If you have yet to give, please pick up a pledge form at the back of the church or visit [www.rcan.org/sharing](http://www.rcan.org/sharing). Thank you for your prayers and support.

### From Cardinal Tobin

A list of "Credibly Accused Clergy" from the Archdiocese of Newark has been made public 2 weeks ago. It is the Cardinal's sincerest hope that this disclosure will help bring healing to those whose lives have been so deeply violated. We also pray that this will serve as an initial step in our efforts to help restore trust in the leadership of the Catholic Church. You will find a link to the Cardinal's Letter to the Faithful on our website, as well as the list of names of Credibly Accused Clergy or you can go to [healing.rcan.org](http://healing.rcan.org) to see the message in its entirety.

The letter from Cardinal Tobin regarding Cardinal McCarrick can be found on our website.

### NEW COMMUNICATIONS TOOL FOR OLQP

Soon we will begin sending out reminders to the parish in group emails. In order to be on the list for these reminders please submit the following form with your information so that we can add you to our group. (If we have your correct email address in our database you may have received a "test" email already-it would have come from [olqp400@gmail.com](mailto:olqp400@gmail.com))



NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE (HOME): \_\_\_\_\_  
(CELL): \_\_\_\_\_  
EMAIL: \_\_\_\_\_

*If you would like to receive these email messages from us please return this form to Susan at the parish center (you may drop it in the collection basket also).*



**amazon smile**

Log into or create your Amazon account at <https://smile.amazon.com/ch/22-1670034>

*(Using the link means you would not need to do a search for us. OLQP comes up automatically as your charitable organization.)*

Support OLQP with your Amazon purchase.

Our first amount (\$66.69) has been received.

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# ✝ MASS SCHEDULE

Dates March 10th until March 17th, 2019

## SUNDAY - FIRST SUNDAY OF LENT

3/10 8:00 am Richard Kane  
 10:00 am Renee Sahar  
 12:00 n Ronald Brooks  
 Youth Mass 1:30 pm Youth of the Parish  
Concelebrated Mass People of the Parish

### Monday

3/11 8:30 am John Sullivan

### Tuesday

3/12 8:30 am Jeanne Jerlinski

### Wednesday

3/13 8:30 am Michael Trainer

### Thursday

3/14 8:30 am Dr. & Mrs. Fernando Garip

### Friday

3/15 8:30 am Edna Reisen

### Saturday

3/16 8:30 am Aurea Rivera  
 5:00 pm Michele Gaydos Mackenzie

## SUNDAY - SECOND SUNDAY OF LENT

3/17 8:00 am Virginia Tracey  
 10:00 am Jeanne Jerlinski  
 12:00 n Josephine & Angelo Ciccarella

## MEMORIALS

<p><u>Altar Bread &amp; Wine</u>                  In Memory of                  Aurea Rivera                  by Jeff &amp; Linda Rivera</p>	<p><u>BVM Candle</u>                  In Memory of                  Carmela Nardoza                  by Winnie Schermerhorn</p>
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*Note: Please remember the Altar Bread, Wine and Candles, as well as the St. Joseph candle and BVM candle can be memorialized by calling the Parish Center at 201-845-9566*

*The following Christians have been joined to Christ through the Sacrament of Baptism:*

Asha Malia Tenesaca Barbecho,  
 Emmet Henry Delaney, Orion Patrick Hasson,  
 Ronn Mathew

*We welcome the newest members of our parish.  
 We congratulate their families!*

## PLEASE REMEMBER IN YOUR PRAYERS:

### Rest in Peace

Sr. John Catherine Arnold, OP, Denise G. Barry,  
 Vincent Louis Faustini, John Forlenza,  
 and Sr. Bridget O'Shea CSJP

### Sick Relatives & Friends

Cesar Aguilar	Eric Hagberg	Carmen Robles
Dcn. Anthony Balestrieri	Dominic Jengo	Michael Rogers
Christine Balles	Rev. Robert T. Kennedy	Tom Ryall
Tom Berntson	Sr. Margaret Charles Kociolek, O.P.	Fr. John Salvas, O.F.M. Cap
Jerry Bezak	Robert Kuehn	June Salvo
Annette Calatozzo	Alice Liso	Matthew Sauerwein
Regina Carr	Kayley Liso	Christopher Scozzari
Karen Cedzidlo	Diane Lohrer	Joanne Sontag
Bill Cordes	Cesare Marchesani	Richard Spagnuolo
Laurence Cox	John McKinney	Pat Stanton
Philip Cox	Susie McMullen	John Tassillo
Dave Cuozzo	Edward Minkler	Charlotte Tawczynski
Theresa Daly	Jim Moran	Theresa Tempio
Stephanie Demytrk	Theresa Morrone	Mario Trovini
Nathaniel Felber	Peggy O'Brien	Rev. Eduardo Veluz
Karen Bell-Gaydos	Angela Piccininni	Mary Walker
Marge Gaydos	Vallie Pompilio	Oryan Watkins
Helene Geosits	Bill Potkulski	AnneMarie White
Marlena Graffin	Ann Marie Praino	Denise Williams
Anabel Guerra	Jessica Riehl	

**Names will remain on our sick list for four weeks unless we are notified by the family.**

Anyone requesting a Prayer Shawl for a sick person is asked to call the Parish Center.

*If you have a family member who is in a nursing home or rehabilitation center, please notify the Parish Center so we can arrange to visit them.*

Please remember to place Our Lady Queen of Peace Parish in your Will. Those who generously did this in the past have helped us to stay out of a heavy debt and help to make our many ministries a reality.

Our **2020 Mass Book** opened on **February 20th**. From that time until **March 20th** you may reserve one weekend Mass and 3 Daily Masses for your loved ones. This will help ensure that everyone has a fair and equal opportunity to get the Mass they desire. After March 20th, there will be no restrictions on Mass reservations.

No Masses reserved by phone.

### Bereavement Support |DcnJMantineo@gmail.com

It is said that death ends our life on earth, but it does not end a relationship. There is great truth in this statement. However, the loss of a loved one can bring great pain. If you need bereavement counseling, please contact Deacon Joe at 201-845-9566, Ext. 119.

## PARISH EVENTS

### RELIGIOUS EDUCATION

Office #: 201-845-9545 / reolqp@yahoo.com

#### "PARENTS ARE THE FIRST TEACHERS OF THEIR CHILDREN"

During the season of Lent our children will be learning about importance of prayer, fasting and almsgiving. They have received the Rice Bowl boxes today. Throughout Lent each family is asked to pray more, sacrifice more and help others as Jesus has taught us.

#### SERVICE ACTIVITY UPDATES

**Grades 6, 7, 8 – contact Mrs. Connelly**

March 15 – (6:30pm – 8:00pm) Easter egg stuffing candy – Youth Room – (12 students)

March 23 – (6:00pm – 9:00pm) **FISH & CHIPS dinner** – serving dinner/ hospitality (10 students)

*Children's activity booklets are available in the back of the church*

**Mother of Perpetual Help Novena will be on Wednesday, March 13th at 7:00 pm in the Chapel.**



Our Mother of Perpetual Help Novena w/The Holy Sacrifice of the Mass will be on Wednesday, March 27 at 7:00 pm in the Chapel.

#### STATIONS OF THE CROSS Fridays at 7:30pm in the Church

- March 15th - Pastoral Council/Rosary Society
- March 22nd – Religious Education/Music Ministry
- March 29th – Knights of Columbus/Spiritual Life
- April 5th – Liturgy of the Word Catechists/Lectors
- April 12th – Daughters of Mary/Altar Servers
- April 19th – Youth Ministry



#### WELCOME MINISTRY

OLQP.Welcome@gmail.com

We extend a warm welcome to the following new parishioner to our parish family.

Mrs. Maria Barbecho, Ms. Sunflower Duran,  
Ms. Marie Feeney, Ms. Julia Montoto,  
Mr. Pedro Munoz, Mr. and Mrs. Luis Nazario,  
Mr. and Mrs. Michael Rinaldo



#### PRAYERS

Please keep in your prayers all of our active military personnel here and overseas. We especially pray for our own parishioners: Alexa Caramb and Joshua Ashley. May the Lord protect them in their service.

### YOUTH MINISTRY CORNER

(201) 845-9566  
olqpyouthministry@gmail.com



The Youth Group meets Sundays at 7:00 p.m. in the Church.  
Any youth in grades 8-12 are invited to **join us**. If you have any questions, please email our Coordinator, Justine at email above.

**The Youth Ministry "Lock In" will be held on March 29th. Please submit your permission slips ASAP.**

The Youth Group will meet tonight **March 10** from **7:00 – 8:30 p.m.** in the Church.

From this time until Good Friday, we will be devoting our time to rehearsing for the "Living Stations of the Cross."



Any Youth in grades 6th through senior in High School are encouraged to join us!! Come and journey with us as we trace the journey of *Jesus* along the way of the cross to Calvary!!

If you have any questions, please contact our Coordinator, Justine Garcia at email above.



**R.C.I.A.** (Rite of Christian Initiation of Adults)  
(201) 845-9566 | rciaolqp@yahoo.com

Dear Parish Family of Our Lady Queen of Peace, On Saturday, March 9th, our candidate Miguel Chacha attended the Rite of Continual Conversion at the Cathedral Basilica of the Sacred Heart, Newark, NJ. On Sunday, March 10th, our catechumen Michael Baratta will attend the Rite of Election and be presented to Joseph Cardinal Tobin in the Cathedral Basilica of the Sacred Heart. Please pray for these young men as they continue to learn more about their faith as they continue their journey. Thank you and God bless.

#### FOLLOW US ON:



Like/Follow this Facebook page.

**309 Likes!**

It's updated w/important parish info.

**323**

**Our Lady Queen of Peace Church**

**Follows!**



Instagram at OLQPCH\_Maywood

23 Followers  
4 Following



OLQPCH Maywood | 36 Videos  
Subscribed - 32

## PARISH EVENTS



**RESPECT LIFE**

Any woman who is pregnant and in need can get help. She never has to feel that abortion is the only option and can find assistance at the following numbers:

**Crisis Pregnancy Helpline**    **Post Abortion Healing**  
**1-888-4-OPTIONS**                      **1-877-HOPE 4 ME**  
**1-888-NO-ABORT**                      **rachelsvineyard.org**

**Birthright** - 1-800-550-4900 or 201-845-4646

NJ law allows a mother who cannot keep a recently born baby to leave the baby at a hospital or a police station, no questions asked. For info call 877-839-2339.

**Contact Respect Life Office at 973-497-4350  
or rileyche@rcan.org**

**getyourcare.org | babiesinthewombfeelpain.com**

For more resources check out:

**[http://olqp-maywood.org/respect\\_life.html](http://olqp-maywood.org/respect_life.html)**

### **40 Days for Life - Hackensack**

Please consider giving one hour a week during Lent to stand in a peaceful vigil across from Women's Choice Abortion Clinic, 10 Zabriskie St. Hackensack on the days that they perform abortions – Tuesdays, Thursdays, and Saturdays between the hours of 7am and 2pm.

For more info: Margaret at scullyfam@yahoo.com

**March 7th-April 14th**

**2018 Contributions** - If you would like a statement of your contributions for 2018 for tax purposes please call Susan at the office (201-845-9566 x 113) or email her at susanlaurenzo@yahoo.com.

**UPDATE YOUR INFORMATION** - Be sure to update your information for our parish census. This includes any changes in names, addresses, phone numbers and email addresses.

Soon we will begin sending out reminders of important parish events using email. Some test emails have been blocked because our address wasn't recognized. The one we use for these emails is olqp400@yahoo.com. Thank you!



**HUMAN CONCERNS NEWS**

olqphumanconcerns@gmail.com

### **Birthright Gift Bags for Moms!**

Items needed to fill gift bags that Birthright will distribute in time for Mother's Day.

This is a chance to make Birthright moms feel special. Look for the lists at the entrances to the Church. **The collection will be the weekends of 3/23 and 3/30.**

Remember to bring food to the food pantry...  
the cupboards are getting low.

### **ARCHDIOCESAN DIVORCED/SEPARATED SUPPORT GROUPS:**

"It's true...there's no such thing as "Catholic Divorce"...but millions of Catholics DO get civilly divorced. And it affects and hurts us all. Maybe you or someone you know has suffered the breakdown of the marriage and family, or maybe they are going through it right now. No matter how long it's been, the Church IS HERE to help. The Archdiocese of Newark currently has 13 parishes who offer a support group for the separated/divorced and these groups will be starting during the next couple months. For a list of these groups, please visit our website at:

[www.rcan.org/separateddivorced-support-groups](http://www.rcan.org/separateddivorced-support-groups)  
Email/Call: Lauren.Egan@rcan.org 973-497-4327

**10 Miles with Jesus.** 10 Mile Stations of the Cross Walking Pilgrimage from the Archdiocesan Shrine of John Paul II in Linden, NJ to the Most Sacred Heart of Jesus Cathedral in Newark, NJ.

The walking Pilgrimage will begin on Sunday, March 24, 2019 at 10:00 am at the Archdiocesan Shrine of St. John Paul II (St. Theresa of the Child Jesus Parish) 131 E. Edgar Rd., Linden, NJ and conclude at the Most Sacred Heart of Jesus Cathedral 89 Ridge St., Newark, NJ at around 5 pm with the Holy Eucharist celebrated by the Very Reverend Bishop Manuel Cruz, Pastor of the Most Sacred Heart of Jesus. **FREE ADMISSION**, however all participants must register.

To register and for additional information visit:  
[www.10mileswithJesus.org](http://www.10mileswithJesus.org), email:  
[info@10mileswithJesus.org](mailto:info@10mileswithJesus.org) or call: 201.220.1949

**Thursday Evenings - In the Auditorium - starts 7:15pm out by 10pm - Doors open 4:30pm**



**WE NEED HELP!!!**  
Volunteers needed every other  
Thursday

Come in to see Pauline or Gary  
Or Call / Text: 201-218-8456 or  
201-956-8377 for more info.

## PARISH & OTHER EVENTS

### Keep Watch and Pray - Mt. 26:41

Come spend some quiet time in church during Lent in prayer and reflection. Wednesday Evenings  
Mar. 13, 20, 27 / Apr. 3, 10 - 7:00 PM - 9:00 PM

### Catholic Men's Conference

**Saturday, March 16, 2016, at Seton Hall Univ.**

The theme for the English track is "*For a time such as this, Holiness and Hope!*" Featuring **Fr. Larry Richards** and **Gregory Floyd**, as master of ceremonies. The Spanish track's theme is: "*No Temas: Yo soy el que te envia*", featuring **P. Rafael Capo** and **P. Robinson Gonzalez** with the musical group "*Locuras por Cristo*".

Priest will be available to hear confession throughout the day.

Concelebrated Mass with

Cardinal Joseph W. Tobin, C.Ss.R. at 4:00 p.m.

**Registration for each event is \$25.00.**

The day includes continental breakfast and lunch.

To **register online** please visit:

(MEN) [www.njcatholicmen.org](http://www.njcatholicmen.org)

Carpooling, registration or any questions may be directed to John Tamborini at (201) 615-3536 (MEN).

**OBERAMMERGAU 2020** - Join Fr. Bruce Janiga of St Philip's Parish in Saddle Brook on an 11 Day Alpine Europe Adventure featuring the world-famous Passion Play of Oberammergau, Germany in August of 2020. This play has been presented by the residents of this beautiful Bavarian village since 1634 as an act of gratitude to God for sparing them during the plague. The whole town gets involved and the play is only presented every ten years. Tickets sell quickly. The tour includes stops in Austria, Switzerland and Germany. For brochures/info., contact Fr. Bruce at 201-843-1888. Reserve your space early to guarantee a place for this trip of a lifetime. It is anticipated that this tour will sell out early. The next time this play will be offered is 2030.

### ARCHDIOCESE OF NEWARK - 2019 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence. On a day of Fast, only one (1) full meal is permitted, **and two (2) smaller meals, which, if added together, would not exceed the main meal in quantity.** Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty\*) extends from the **First Sunday of Lent, March 10, 2019** to **The Solemnity of the Most Holy Trinity, June 16, 2019.**

\*Canon 920, § 1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

**Why should I register in the parish?** - All members of the parish should be formally registered as members of the parish. However, you **MUST** be formally registered if you wish to arrange a Baptism, a Confirmation, or a Wedding in the parish Church. You **MUST** also be formally registered if you wish to register in the Parish School or the Religious Education (CCD) Program. You **MUST** be a registered member of the parish for at least three months before you can obtain a Sponsor Certificate or schedule a Baptism or a Wedding.

**PARISH MEMBERSHIP:** New Parishioners are requested to register in the Parish as soon as possible. Please notify the Parish office of any changes in address and phone number.

Name \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

Check

I wish to receive a registration form

I have a change of address

I am moving out of the parish

**Please cut out and return to the Parish Center or place in the basket.**