

Our Lady Queen of Peace

FIFTH Sunday
in Ordinary Time

February 5, 2023



**"Your light must
shine before others,
that they may see your good deeds
and glorify your heavenly Father."**

Matthew 5:16

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Emergency Contact

(Funerals, Anointings, etc.)

(201) 845-9566 ext. 3

Mass Schedule

Saturday - 5:00 PM

Sunday - 8:00, 10:00 AM* and
12:00 Noon

Monday-Saturday 8:30 AM

Holy days - See Bulletin

*Livestreamed on Facebook

Reconciliation

Saturday - 1:00 PM or by
appointment. A Catholic is
obliged to confess **mortal
sins** in kind and number to
a priest **before** receiving the
Holy Eucharist.

Baptism - Please call to arrange for your child's
baptism soon after birth.

RCIA

Adults desiring to be baptized, confirmed or
become a Catholic, please contact the Parish Office

Anointing of the Sick

Please call for a priest to schedule this Sacrament
of Healing and Anointing for someone who is
seriously ill or in danger of death. Do **not** wait
until the sick person is unconscious.

Matrimony

All Catholics should seek to have their marriage
blessed by the Church so as to live in God's good
grace and receive the Holy Eucharist. Contact a
priest a year prior to the intended date of marriage
to ensure proper preparation.

Parish Center Office Hours Monday through Thursday: 9AM - 12N / 1PM - 3PM; Friday: 9AM - 1PM

www.olqp.org

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Mass Intentions

February 5, 2023 to February 12, 2023

Sunday - FIFTH SUNDAY IN ORDINARY TIME

2/5 8:00 am Protection of Babies in the Womb and Their Families

10:00 am People of the Parish

12 noon Michael and Bridget Ruane

Monday - Saint Paul Miki and Companions, Martyrs Memorial

2/6 8:30 am Mary Beth Haviland

Tuesday - Weekday

2/7 8:30 am Helen and Joseph Hagg

Wednesday - Weekday

[Saint Jerome Emiliani; Saint Josephine Bakhita, Virgin]

2/8 8:30 am Lourdes Valdez

Thursday - Weekday

2/9 8:30 am Noel Torres

Friday - Saint Scholastica, Virgin Memorial

2/10 8:30 am Ruth and John Kuck

Saturday - Weekday [Our Lady of Lourdes; BVM]

2/11 8:30 am Memorial Mass

5:00 pm Hector Garcia

Sunday - SIXTH SUNDAY IN ORDINARY TIME

2/12 8:00 am Helen Murray

10:00 am Peter Glynn

12 noon People of the Parish

Weekly Memorials

Saint Joseph Candle
for the Special Intention
of the Romain Family

February 5, 2023 - Today's Readings

First Reading — If you share your food with the hungry, provide housing for the homeless, then light shall break forth upon you (Isaiah 58:7-10).



Psalm — One who is just is a model for the righteous (Psalm 112).

Second Reading — My message to you, says Paul, was not clever words of wisdom but the proclamation of Christ crucified (1 Corinthians 2:1-5).

Gospel — You are the salt of the earth, the light of the world (Matthew 5:13-16).

Please Remember in Your Prayers

Rest in Peace

Barbara Kissinger

Sick Relatives and Friends

Mary Adamo	Fr. Mickey German	Vallie Pompilio
Cristina Aguilar	Megan Harwood	Mary Pontillo
Pauline Albarano	Michael Hazuka	Betty Porter
Augie Aversa	Baby Christopher	Francis Quinn
Josefina Baldoza	Sean Hill	Robert Raimo
Mary Ellen Barberia	Gardenia Hounbo	Susan Rheem
Matilde Beninca	Andrew Hunkele	Anthony Ruffino
Claire Borrello	Nancy Jengo	Elsy Ruiz
Ginny Cattaneo	Pamela Jengo	Fran Sampson
Carmen Cepeda	Lauren Kaczynski	Wilbert Santos
Denise Chu	Rosemarie Kaminski	Rudy Schwarz
Lana Mae Ciscool	Joan Keenan	Pat Sommers
Carmen Maria Colon	Rev. Michael Kreder	Joseph Steiner
Brian Connors	Maxine Locascio	Carolyn Sobering
Javier Cruz	Diane Lohrer	Jacqueline Sullivan
Jonathan Deauna	Deacon Joseph	Jule Tartaglia
Jeanette DeLillo	Mantineo	Nick Taylor
Richard DeSpagna	Gerry Marcincavage	Theresa Taylor
Sally DeSpagna	Stephen Marengo	Liam Justin Torres
Emily DeStefano	Sonia Medrano	Marianne Tracey
Phil Dimitri	Andrew J. Mendez	Maria Trovini
Eileen Diverio	Frankie Monnecka	Danielle Visconti
Mark Diverio	Deanna Mooney	Mary Walker
Stephen Diverio	Jim Moran	Andrew Wey
Fr. Larry Fama	Barbara Nelson	Julia Whitney
Jane Favorito	Sharon Osnowitz	Joyce Wilson
Emily Ferreira	Laura Paddock	David Zerby
Yancey Garcia	Nicholas Pappas	*Names in bold
	Harriet Pellicione	are new to the list

Memorial Mass - Saturday, February 11th, 8:30 am

Deceased Members of the Beninca and Scuccimarri Families	John A. Hrablook
John Breen	Rita Leto
Deceased Members of the Ciriaco and Vivo Families	Caridad Marcaida
Deceased Deacons and Deacons' Wives of the Archdiocese of Newark	William, David and Carmen Martinez
Sophie Drobik	Margie Parks
Sister Lucille Durso	Deceased Members of the Parodi and Zambelli Families
Deceased Members of the Giordano and Gilligan Families	Deceased Members of the OLQP Rosary Altar Society
	Anthony and Nanene Roselli

Readings for the Week

Monday:	Gn 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c; Mk 6:53-56
Tuesday:	Gn 1:20 — 2:4a; Ps 8:4-9; Mk 7:1-13
Wednesday:	Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23
Thursday:	Gn 2:18-25; Ps 128:1-5; Mk 7:24-30
Friday:	Gn 3:1-8; Ps 32:1-2, 5-7; Mk 7:31-37
Saturday:	Gn 3:9-24; Ps 90:2-6, 12-13; Mk 8:1-10
Sunday:	Sir 15:15-20; Ps 119:1-2, 4-5, 17-18, 33-34; 1 Cor 2:6-10; Mt 5:17-37 [20-22a, 27-28, 33-34a, 37]

The Light of Service



The prophet Isaiah inspires us with these words: "Light shall rise for you in the darkness, and the gloom shall become for you like midday." All of us celebrating the liturgy today praise

God for these words of encouragement. Surely each of us knows the gloomy side of life, but today's readings propose a brilliant antidote to misery: the light of service. Isaiah focuses on physical suffering, telling us to provide food, clothing, housing, and equal opportunity to those with limited resources. Moving beyond material needs, Saint Paul demonstrates how to proceed humbly when attending to people's spiritual needs. Saint Matthew's Gospel stirs us to bold action: whatever gifts we have, we must put them at the service of our communities. As Christians, we must engage with one another without holding back, letting our light shine before all. © J. S. Paluch

The 2023 Annual Appeal Launches Today!

The 2023 Annual Appeal launches today! Each year we are invited to

participate in the Annual Appeal, which is an opportunity to support essential ministries and programs of our Archdiocese. Your sacrificial support makes it possible for us to carry out the important work that we are called to do as missionary disciples of Jesus.

Annual Appeal the 2023

Please note the incentive has changed for amounts received in excess of our stretch goal. 50% of the amount collected in excess of our goal will go to needy parishes and the other 50% will go to our parish, Our Lady Queen of Peace.

Cursillo Weekend Sponsorship Opportunity

The next group reunion will be **February 20, 2023 at 7pm in the Parish Center**



Cursillo Weekend - Candidate Sponsorship Opportunity!
The Newark Archdiocese Women's 183th Cursillo Weekend will take place **April 20-23, 2023**, and the Men's 198th Weekend will be **June 1-4, 2023**.

The atmosphere of a Cursillo differs from the individual solitude of many retreats. Christ's teachings are discussed in a climate of joy. Talks and discussions are interspersed with prayer, Eucharist, songs, laughter and times of reflection. Cursillo is an excellent "next step" after attending a Cornerstone or any other Spiritual Retreat. There is no better opportunity to deepen your relationship with Jesus Christ and gain a better understanding of the power of the Holy Spirit. The Cursillo begins on a Thursday, and concludes Sunday afternoon,

The weekend takes place at the Archdiocesan Retreat Center in Kearny and the cost is \$175. Space is limited, all applications need to be in one month prior to the weekend so if you know anyone interested, **please email or call** Joanne Godlewski at jojowey@gmail.com, or 201-870-3100, Connie Szymanski at szyma843@optonline.net or 201-843-1836.

I have applications or you can go to www.mycursillo.com and download the application. Let's start building up our Queen of Peace community. - Joanne

Prayer to the Immaculate Heart of Mary



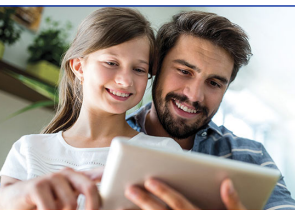
O Immaculate Heart of Mary,
refuge of sinners,
I beg of you by the infinite merits of the Sacred Heart of Jesus,
and by the graces God has granted to you since your Immaculate Conception,
the grace of never going astray again.
Mother, keep me, a sinner,
constantly bathed in the light of your Immaculate Heart. Amen.

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There are 3 easy steps for parishioners to download the FORMED App.

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3. Enjoy the content you want!



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Thanksgiving after Holy Communion

Anima Christi (Soul of Christ)

SOUL of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy Wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
In the hour of my death, call me,
And bid me come to Thee.
That with Thy saints, I may praise Thee.
Forever and ever. Amen.
Most Sacred Heart of Jesus, may the whole world burn with love for Thee! (x3)



A Prayer to Our Lady of Lourdes

O ever-Immaculate Virgin, Mother of Mercy, health of the sick, refuge of sinners, comforter of the afflicted, you know my wants, my troubles, my sufferings; look with mercy on me.



By appearing in the Grotto of Lourdes, you were pleased to make it a privileged sanctuary, whence you dispense your favours; and already many sufferers have obtained the cure of their infirmities, both spiritual and corporal.

I come, therefore, with complete confidence to implore your maternal intercession.

Obtain, O loving Mother, the grant of my requests. (mention your petition)
Through gratitude for your favors, I will endeavor to imitate your virtues, that I may one day share your glory. Amen.

Our Mother of Perpetual Help Novena

Wednesdays at 7 pm in the Church



Prayer Shawls



If you are adding someone to our Parish sick list, please consider the healing power of these beautiful shawls. They are prayed over by the Prayer Shawl Ministry and blessed by our Pastor.

If you know of someone you think is in need of a Prayer Shawl, please contact the Parish Center: 201-845-9566 or email parish@olqp.org

The 2023 Mass Book is Open



The Church teaches us that our prayers are invaluable to the living as well as those who have died. We commend them to God's mercy when we pray for them. The living and the dead are helped not only by our daily prayers, but by the offering of Masses in their name for the benefit of their souls. Please visit the Parish Center to select your preferred dates. **To view available dates**, please visit our website at: <https://www.olqp.org/mass-intentions.html>

Longtime Parishioner in Need of Housing

OLQP Church member looking for a one bedroom efficiency apartment to rent. Can move immediately. Has two very clean emotional support cats. Please contact helpforvf@gmail.com

Human Concerns News

VOLUNTEERS NEEDED

The Food Pantry Ministry needs more volunteers to deliver food to Rochelle Park. Please call the Parish Center Office at 201-845-9566 if you want to volunteer.



Bible Study - Wednesdays at 7 pm

Our Bible Study takes place Wednesdays at 7 pm at the Parish center. Please send a note to OLQPBibleStudy@gmail.com for more information.



Adult Choir Practice - Tuesdays @ 7 pm

HELLO SINGERS:

Thinking you might like to SING? Stop thinking and do it. We are always looking for new members in the choir. We meet **Tuesday evenings from 7-9**. All are welcome. Come and join us. Try it, you might really enjoy it! **ALSO:** Instrumentalists are always welcome! Thanks, Janue



Daily Prayer for Pope Francis and Our Clergy

Almighty and everlasting God, have mercy upon Thy servant, Francis, our Supreme Pontiff, and direct him, according to Thy loving-kindness, in the ways of eternal salvation; that, of Thy gift, he may ever desire that which is pleasing unto Thee and may accomplish it with all his might. Through Christ our Lord. Amen. Jesus, Savior of the world, sanctify Thy priests and sacred ministers. Amen.



The Memorare



Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Story of St. Bernadette and Our Lady of Lourdes

"February 11 is the feast day of Our Lady of Lourdes, one of the most famous apparitions of the Blessed Virgin Mary that took place in southern France. On this day in 1858 a young, poor girl named Bernadette Soubirous was out collecting firewood with her sister and another friend near a grotto when she saw a vision of a lovely lady.



In the words of St. Bernadette, *"I raised my head and looked towards the grotto. I saw a Lady dressed in white, wearing a white dress, a blue girdle and a yellow rose on each foot, the same color as the chain of her Rosary."*

In the vision Our Lady was praying the rosary.

Bernadette reluctantly told her parents of the apparition, and in response they forbade her from going back to the grotto. A few days later, on February 14th, Bernadette was permitted to return to the grotto, and again the Lady appeared to her. This happened again on February 18th. On this third visit the Lady asked Bernadette to come back to the grotto every day for the next two weeks.

At these subsequent visits the Lady (who had not yet identified herself as the Blessed Virgin Mary) asked for a chapel to be built on the grounds, for Bernadette to pray for the conversion of sinners, and for her to drink the spring water that was revealed to her at the grotto.

Word of these apparitions spread rapidly and caused quite a stir in town. In response, Bernadette was detained, interrogated, and harassed by the civil authorities as if she were a common criminal. The villagers, however, came to her rescue and demanded that the child be released.

Through all these difficulties that came to her because of the apparitions, Bernadette was given an interior strength:

"There was something in me that enabled me to rise above everything. I was tackled from all sides, but nothing mattered and I was not afraid."

Many of the townspeople believed that Mary was appearing to Bernadette, and they came down in large numbers to the grotto to pray. The spring that the Lady asked Bernadette to drink from quickly revealed itself to be blessed water with miraculous healing properties.

On March 25th, the Feast of the Annunciation, the Lady appeared at the grotto again, this time identifying herself as the Immaculate Conception.

"With her two arms hanging down, she raised her eyes and looked up at the sky, and it was then that she told me, joining her hands together now at the height of her breast, that she was the Immaculate Conception. Those were the last words she ever said to me."

The Marian dogma of the Immaculate Conception had only recently been pronounced by Pope Pius IX a few years previous, on December 8, 1854. This infallibly defined dogma declared that the Blessed Virgin Mary, "from the first moment of her conception, by a singular grace and privilege of almighty God, and in view of the merits of Jesus Christ, Saviour of the human race, was preserved free from every stain of original sin is a doctrine revealed by God and, for this reason, must be firmly and constantly believed by all the faithful."

As for herself, Bernadette suffered much, not only through physical suffering due to her chronic poor health, but also through the jealousy and suspicion from others because she was given the grace of visits from the Blessed Mother. This proved true the words Our Lady spoke to Bernadette at the grotto, *"I do not promise to make you happy in this world, but in the other."*



Four years after Our Lady of Lourdes appeared to St. Bernadette, the local bishop ruled that the apparitions were authentic. St. Bernadette eventually entered a religious house where she continued to suffer physically, uniting her suffering to Christ, and died at an early age.

Today a beautiful church has been erected on the grounds near the grotto at Lourdes. After Rome and the Holy Land, Lourdes, France is the most popular place of pilgrimage for Catholic faithful. The water of Lourdes is readily available to all pilgrims, and numerous healings have been medically documented to have occurred there, as well as conversions to the faith because of these miracles. St. Bernadette's feast day is February 18th."

Our Lady of Lourdes and St. Bernadette, pray for us!

(source: <https://www.catholiccompany.com/magazine/february-11-our-lady-of-lourdes-5986>)

Treasures from Our Tradition



You need more than water for a bath. Most family bathrooms contain an arsenal of soaps and emollients, lotions, shampoos, and conditioners to combat grime and honor the body. A bath without oil is still unthinkable. No wonder early Christians used lavish amounts of oil to “paint” the skin

of people drawn dripping wet from the baptismal font on Easter. There were two oils used in baptism long ago. “Oil of exorcism” protected candidates from “evil spirits”; it strengthened their resolve and purified their purposes.

The second oil, slathered over them after baptism’s bath, “sealed” them, making them like Christ, the anointed one, the priest, the prophet, the king. Chrism has always had a powerful odor; rich resinous perfumes are stirred in before it is consecrated. As the newly baptized were embraced by new brothers and sisters in Christ, the scent permeated the hall of Eucharist, a sign of our connection to Christ and to one another.

—Rev. James Field, Copyright © J. S. Paluch Co.

Stewardship Results

	1/29/23	Weekly Goal
Sunday Offertory	5,569	6,200
Repairs	523	1,500
Total	\$6,092	\$7,700

**Thank you for your contributions.
May God reward you for your generosity!**

Special Collection Next Weekend



As a reminder, next weekend’s special collection is for **Repairs and Maintenance**

Parish Calendar

Key: AU - Auditorium, CH - Church, PC - Parish Center

- 2/7 7:00 pm - Choir Practice (CH)
- 2/8 7:00 pm - Bible Study (PC)
7:00 pm - Our Mother of Perpetual Help Novena
- 2/9 3:30 pm - Children’s Choir Practice (CH)
7:00 pm - Grupo de Oracion Luz Y Vida (AU)
- 2/11 1:00 pm - Confessions



For our complete calendar, please visit <https://www.olqp.org/calendar.html> or scan the QR code

Saints and Special Observances

- Sunday:** Fifth Sunday in Ordinary Time;
- Monday:** St. Paul Miki and Companions
- Wednesday:** St. Jerome Emiliani; St. Josephine Bakhita; International Day of Prayer and Awareness against Human Trafficking
- Friday:** St. Scholastica
- Saturday:** Our Lady of Lourdes; Blessed Virgin Mary; World Day of the Sick

OUR FASCINATING FAITH

Our Lady of Lourdes (February 11)

On February 11, 1858, fourteen-year-old Bernadette Soubirous, the oldest of nine children in a poor family from Lourdes, France, saw Our Lady in the first of eighteen apparitions. At the grotto of Massabielle, Bernadette saw “a small lady in white” who invited her to return each day. During the visions the Lady communicated a message of penance, instructed Bernadette to dig so that a spring of water began to flow, requested that a chapel be built there at the grotto, and eventually identified herself by saying “I am the Immaculate Conception.” Throughout these apparitions, Our Lady addressed Bernadette in a formal way, treating the humble girl with dignity. In 1862 the authenticity of the apparitions was confirmed by Church authorities. The Feast of Our Lady of Lourdes was recognized worldwide in 1907. Lourdes became a place of pilgrimage for thousands of the faithful; their faith and the faith of many others was revitalized through the story of a simple young girl from rural France.

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ETERNITY

I do not promise you happiness in this world, but in the next.

- Our Lady of Lourdes

ACCEPTING TRIALS

I must die to myself continually and accept trials without complaining. I work, I suffer and I love with no other witness than his heart. Anyone who is not prepared to suffer all for the Beloved and to do his will in all things is not worthy of the sweet name of Friend, for here below, Love without suffering does not exist.

- St. Bernadette

Please consider giving online to Our Lady Queen of Peace. Scan the QR code below with your phone, text “GIVE” to 201-733-3457 or visit www.olqp.org

TEXT "GIVE"
TO 201-733-3457





FIFTH Sunday in Ordinary Time

February 5, 2023

**“Your light must shine before others,
that they may see your good deeds
and glorify your heavenly Father.”**

Matthew 5:16

COMMUNITY OF LIGHT

Today’s readings from Isaiah and Matthew evoke the powerful metaphor of light as an image of the community gathered by God. Jesus speaks of his followers as “light of the world”: they are not the source of light, but a mirror reflecting the brightness of God. This light does not call attention to itself, but enables beauty to be revealed and celebrated, and sinfulness to be exposed and healed. The light of this community is not primarily for itself, but fulfills its purpose when it shines upon the world. The light that we the Church bring to our world can be hidden by “bushels” sometimes imposed by others and sometimes of our own making. Our lights may flicker and die under stress. What might sustain the brightness of our own small light? Our ongoing practices of community prayer, discernment, and action allow God to illumine our Church, day by day.

LEARNING HOW TO BE CHURCH

Following last week’s passage from Matthew with the Beatitudes, today we continue Jesus’ Sermon on the Mount with his images of salt, light, and a city. Jesus moves from describing the core identity of the community he has gathered to considering its impact on the world. He wanted his community not just to claim its identity, but to live it out. He wanted his community to journey with him, to fully learn what this might mean.

For us, being salt for others may mean engaging and enriching the lives of our neighbors. Being light may mean illuminating and addressing the world’s systems that sustain social sins of violence, racism, and vast inequalities of wealth and opportunity. Being a city set high may mean holding to high standards of transparency, respect, and care for each other. Like Jesus’ first followers, we are invited to travel the difficult and joy-filled road of learning and re-learning how to be the Church.

CROSS-SHAPED MINISTRY

Saint Paul, in today’s passage from First Corinthians, admits he is not a salesman. He did not come to Corinth with a sales pitch, with skilled rhetoric and worldly wisdom. Paul says that he simply came to speak of Christ crucified. For Paul, the cross is God’s primary self-revelation, and the whole life of following Christ is marked by it. Paul describes this cross-shaped ministry by how he first preached it: with humility and fear. He was a messenger who looked weak by the standards of society, in order that the Spirit might break through to his listeners.

We may know or have read of those who spoke or lived with a cross-shaped presence. Perhaps a missionary who humbly served a community while preaching Christ. Or a group of protesters against injustice, who faced violent resistance with dignity and persistence. They open a space for the Spirit to transform hearts. Paul suggests that making ourselves vulnerable makes love possible.

TODAY’S READINGS

Isaiah 58:7–10
Psalm 112:4–5, 6–7, 8–9
1 Corinthians 2:1–5
Matthew 5:13–16